

	TIME EVENT 3	LANE	TEAM NAME	BOX	RANK EVENT 1
HEAT 1	15:00	1	VAS en Zeker	CrossFit Grefrath (DE)	98
HEAT 1	15:00	2	Not bad at all	CrossFit 1693	99
HEAT 1	15:00	3	Tri-harders	CrossFit Immaculate	100
HEAT 1	15:00	4	Will WOD For Food	CrossFit Daadkracht	101
HEAT 1	15:00	5	Dumbells and Drama	Gym Zuyd	102
HEAT 1	15:00	6	Kipping & tripping	CrossFit Ridderkerk	103
HEAT 1	15:00	7	WODka Warriors	We Improve	104
HEAT 1	15:00	8	Tjalie's Angels	Folkerts GYM	105
HEAT 1	15:00	9	Dos hombres y una	CrossFit Haarlem	106
HEAT 1	15:00	10	Sletsgo	Black Oak CrossFit (BE)	107
HEAT 1	15:00	11	Triple Trouble Troopers	CrossFit Castricum	108
HEAT 1	15:00	12	The Barbellas	Breda CrossFit	109
HEAT 1	15:00	13	ArMaNi Strijders	CrossFit Drachten	110
HEAT 1	15:00	14			

HEAT 2	15:19	1	The party animals	CrossFit 2102	84
HEAT 2	15:19	2	The Power Panthers	CrossFit Den Bosch	86
HEAT 2	15:19	3	Tuug op Tou	We Improve	87
HEAT 2	15:19	4	KIK	CrossFit Papendrecht	88
HEAT 2	15:19	5	Burpee, don't hurt me	CrossFit 0174	89
HEAT 2	15:19	6	WOD a chaosss	CrossFit Noord	90
HEAT 2	15:19	7	Megga Strijders	Megga Fit	90
HEAT 2	15:19	8	Dumbbell & Dwars	Dwars CrossFit	92
HEAT 2	15:19	9	Fellowship of the Ring	KickStart CrossFit	93
HEAT 2	15:19	10	Team eigenwijs	CrossFit Kampen	94
HEAT 2	15:19	11	Ventjes&sannie	CrossFit 1693	95
HEAT 2	15:19	12	Thrice Ass Nice	Fitbody CrossGym	96
HEAT 2	15:19	13	Come Onnn 2678	CrossFit 2678	97
HEAT 2	15:19	14			

	TIME EVENT 3	LANE	TEAM NAME	BOX	RANK EVENT 1
HEAT 3	15:38	1	Sportloods Oost Red	Sportloods Oost	71
HEAT 3	15:38	2	We Thought This Was Yoga	Breda CrossFit	72
HEAT 3	15:38	3	Uiteten was ook een optie	CrossFit Leeuwarden	73
HEAT 3	15:38	4	Annie's buddy's	FIT Progression	74
HEAT 3	15:38	5	Jobelicious, Miesmagic & Shaboom	Maintrain Coaching	74
HEAT 3	15:38	6	KMB Powerhouse	Crossgym Hoogeveen	76
HEAT 3	15:38	7	Komt goed (zei Quint)	Crossletics Woerden	77
HEAT 3	15:38	8	The bold and the powerful	CrossFit Bananas	78
HEAT 3	15:38	9	De Knakkende Knieen	CrossFit PowerBase Fitness	78
HEAT 3	15:38	10	Happy salmon	CrossFit 1693	80
HEAT 3	15:38	11	Team Frozen	CrossFit 1693	80
HEAT 3	15:38	12	We kijken wel ff	CrossFit 2678	80
HEAT 3	15:38	13	Primal Unbreakables	CrossFit Primal	83
HEAT 3	15:38	14	Don't we look ready?!	Kennemer CrossFit	84

HEAT 4	15:57	1	ErBob of ErOnder!	Love2train CrossFit	57
HEAT 4	15:57	2	Snatch nu bitch up	CrossFit Maashees	57
HEAT 4	15:57	3	Kracht Brigade	Kracht Brigade	59
HEAT 4	15:57	4	Triple Threat Arnhem	CrossFit Arnhem	60
HEAT 4	15:57	5	Tri Force	CrossFit Hengelo	60
HEAT 4	15:57	6	Code Rood	CrossFit Daadkracht	62
HEAT 4	15:57	7	The Geriatrics	CrossFit Pijnacker	63
HEAT 4	15:57	8	The Johnnys	CrossFit Arnhem	64
HEAT 4	15:57	9	Three of a kind	CrossFit Bunschoten	64
HEAT 4	15:57	10	Snatch me if you can	CrossFit Ede-Vallei	66
HEAT 4	15:57	11	WOD were we thinking?	Love2train CrossFit	67
HEAT 4	15:57	12	S.H.I.T.	CrossFit Dom City	67
HEAT 4	15:57	13	YourProgram	CrossFit Capelle aan den IJssel	69
HEAT 4	15:57	14	Team Stukje Taart	CrossFit Ridderkerk	70

	TIME EVENT 3	LANE	TEAM NAME	BOX	RANK EVENT 1
HEAT 5	16:16	1	Misschien wel, misschien	CrossFit Papendrecht	43
HEAT 5	16:16	2	To good to be old!	Athletic Box Ruppach-Goldhausen (DE)	44
HEAT 5	16:16	3	Team Toestand	CrossFit Elst	45
HEAT 5	16:16	4	CGE Blondies & Joris	CrossGym Elst	46
HEAT 5	16:16	5	Unbroken hustle	CrossFit Drie Torens	47
HEAT 5	16:16	6	The Beauty, The Beast and the Beard	CrossFit Kampen	48
HEAT 5	16:16	7	Wunderdogs	CrossFit Super7 (BE)	49
HEAT 5	16:16	8	The PowerPuffs	CrossFit Den Bosch	49
HEAT 5	16:16	9	Team Strafblad	The Power Community - IJsselstein	49
HEAT 5	16:16	10	Fun for 3	CrossFit Hoogvliet	52
HEAT 5	16:16	11	Old, Short and Blond	CrossFit ATD	52
HEAT 5	16:16	12	Chalk Dirty	CrossFit Elst	54
HEAT 5	16:16	13	The Blonde Force	CrossFit Bananas	55
HEAT 5	16:16	14	Snooze & Lift	CrossFit Den Bosch	56

HEAT 6	16:35	1	De Groote ZuijdStroom	CrossFit 1693	29
HEAT 6	16:35	2	For Time & Glory	CrossFit 2678	30
HEAT 6	16:35	3	Team Unreal	CrossFit Unreal	31
HEAT 6	16:35	4	De dieseltjes	Empower CrossFit Uden	32
HEAT 6	16:35	5	Puur NLD	Puur CrossFit	33
HEAT 6	16:35	6	Het voelt 3 keer zo zwaar vandaag	CrossFit Twente	34
HEAT 6	16:35	7	Unbroken Chaos	Unbroken CrossFit	35
HEAT 6	16:35	8	The Bodyguards	The Power Community - Utrecht	36
HEAT 6	16:35	9	One Lucky Guy	CrossFit Full Force (BE)	37
HEAT 6	16:35	10	Attack of the mini muskies	CrossFit Den Bosch	38
HEAT 6	16:35	11	Mimimi	CrossFit Gold Pact	38
HEAT 6	16:35	12	Team Midlife and Mayhem	Crossfit Hoofddorp	40
HEAT 6	16:35	13	Britneys bitches	CrossFit 2712	40
HEAT 6	16:35	14	Vortex 024	CrossFit 024	42

	TIME EVENT 3	LANE	TEAM NAME	BOX	RANK EVENT 1
HEAT 7	16:54	1	De duivels van de Kempen	CrossFit KRL1	15
HEAT 7	16:54	2	Beauty & the Beasts	Next Hybrid Gym	16
HEAT 7	16:54	3	MNM	CrossFit Gouda	17
HEAT 7	16:54	4	The Triple Threa	CrossFit Hengelo	18
HEAT 7	16:54	5	Groot, breed en klein	CrossFit Ede-Vallei	19
HEAT 7	16:54	6	FLAIR	CrossFit Den Bosch	19
HEAT 7	16:54	7	Bubbles & Muscles	CrossFit 024	19
HEAT 7	16:54	8	For strength we've got Hanna	Athletic Box Ruppach- Goldhausen (DE)	22
HEAT 7	16:54	9	Team Unreal Originals	CrossFit Unreal	22
HEAT 7	16:54	10	Miss clean and the jerks	Kennemer CrossFit	24
HEAT 7	16:54	11	Jordi en de Guppies	CrossFit Bananas	25
HEAT 7	16:54	12	Team Red wine Division	Love2train CrossFit	26
HEAT 7	16:54	13	Squat it like its hot	CrossFit Twente	27
HEAT 7	16:54	14	CrossFit Lansingerland	CrossFit Lansingerland	27

HEAT 8	17:13	1	Batmans & Robin	CrossFit Gouda	1
HEAT 8	17:13	2	Spek, bonen & Iris	00 Independent	2
HEAT 8	17:13	3	Rox Angels	CrossFit 2678	3
HEAT 8	17:13	4	Lift.Burn.Move.	CrossFit Wayward	3
HEAT 8	17:13	5	We eat reps for breakfast	CrossFit 2678	5
HEAT 8	17:13	6	Romance & Recon	Next Hybrid Gym	6
HEAT 8	17:13	7	Unbroken Records	CrossFit Drie Torens	7
HEAT 8	17:13	8	Stronghold	CrossFit Mokum	8
HEAT 8	17:13	9	Almost Synchronised	Next Hybrid Gym	9
HEAT 8	17:13	10	2712 Bicep and the Beasts	CrossFit 2712	10
HEAT 8	17:13	11	CF2712 - GymTonic	CrossFit 2712	11
HEAT 8	17:13	12	Koopman & Co	We Improve	11
HEAT 8	17:13	13	Gains & lipstick	CrossFit Strijp - EindhovenGym	11
HEAT 8	17:13	14	Hou Je Beksquat	CrossFit Immaculate	14